Individual Best Times (All Time)

Matthew Salmon - (983006) - Loughborough Town SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	4:21.83	4:20.50	59	13/01/13	City of Coventry SC January Open Meet	Coventry	WM3077	3
50 Backstroke	55.43	55.10	76	14/07/13	The Leicester Long Course Sprint Meet	Loughborough	EM3322	3
200 Backstroke	4:10.43	4:09.10	89	13/01/13	City of Coventry SC January Open Meet	Coventry	WM3077	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	46.53	47.00	81	02/01/14	Loughborough Town New Year Splash	Loughborough	EM4327	4
100 Freestyle	1:52.84	1:53.60	62	02/11/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
200 Freestyle	3:43.95	3:45.50	87	24/11/13	City of Leicester SC Mini Meet Series 2013	Leicester	EM3995	3
50 Breaststroke	1:03.00	1:03.50	62	10/10/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
100 Breaststroke	2:13.10	2:14.00	71	17/10/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
50 Butterfly	1:02.31	1:02.60	42	17/10/13	Loughborough Town SC Annual Gala	Loughborough	EM3945	4
50 Backstroke	51.11	51.50	80	06/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
100 Backstroke	1:50.47	1:51.20	83	05/10/13	Leicester Penguins Open Meet 2013	Braunstone	EM3358	3
200 Backstroke	4:08.16	4:09.50	77	02/01/14	Loughborough Town New Year Splash	Loughborough	EM4327	4
100 Individual Medley	2:00.79	2:00.80	67	24/11/13	City of Leicester SC Mini Meet Series 2013	Leicester	EM3995	3