Individual Best Times (All Time)

Emily Aston - (982908) - Huntingdon Piranhas SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.57	34.00	318	19/09/15	City of Coventry SC 50m Sprints	Coventry	WM151328	3
100 Freestyle	1:18.18	1:17.10	289	17/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3
200 Freestyle	2:58.83	2:56.90	251	17/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3
50 Breaststroke	50.81	50.20	189	19/09/15	City of Coventry SC 50m Sprints	Coventry	WM151328	3
50 Butterfly	47.63	47.20	134	19/09/15	City of Coventry SC 50m Sprints	Coventry	WM151328	3
50 Backstroke	41.80	41.30	265	19/09/15	City of Coventry SC 50m Sprints	Coventry	WM151328	3
100 Backstroke	1:34.42	1:33.60	223	18/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3
200 Backstroke	3:21.27	3:19.60	229	17/01/15	City of Coventry January Open Meet 2015	Coventry	WM150096	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.13	32.80	363	07/03/17	Huntingdon Piranhas Club Championships 2017	Huntingdon	ER170782	4
100 Freestyle	1:11.58	1:12.70	345	06/12/16	Huntingdon Piranhas Club Championships	Huntingdon	ER162543	4
200 Freestyle	2:45.40	2:47.50	296	04/12/16	Newmarket & District December Open Meet	Newmarket	ER161482	3
50 Breaststroke	46.68	47.40	224	13/03/16	West Norfolk Open Meet 2016	Kings Lynn	ER160476	3
100 Breaststroke	1:48.78	1:49.90	188	27/01/15	Huntingdon Piranhas Club Championships	Huntingdon	ER150290	4
50 Butterfly	44.94	45.40	159	19/05/15	Huntingdon Piranhas Club Championships	Huntingdon	ER150293	4
50 Backstroke	39.45	40.00	262	19/11/16	City of Peterborough Winter Meet 2016	Peterborough	ER161840	3
100 Backstroke	1:25.59	1:26.50	263	03/12/16	Newmarket & District December Open Meet	Newmarket	ER161482	3
200 Backstroke	3:07.54	3:09.30	255	24/02/15	Huntingdon Piranhas Club Championships	Huntingdon	ER150291	4
200 Individual Medley	3:26.42	3:28.30	205	16/06/15	Huntingdon Piranhas Club Championships	Huntingdon	ER150294	4
100 Individual Medley	1:27.23	1:27.20	271	13/06/17	Huntingdon Piranhas Club Championships 2017	Huntingdon	ER170785	4