

Individual Best Times (All Time)

Roxana Phillips - (982702) - Brompton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.30	31.60	390	26/03/17	MCASA Open Meet	London	LR170009	1
100 Freestyle	1:16.57	1:15.50	307	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon	ER150042	1
200 Freestyle	2:38.55	2:36.30	360	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
50 Breaststroke	40.47	39.70	374	19/03/17	Atlantis Regional-National Chaser Open Meet	Crawley	SE170018	1
100 Breaststroke	1:28.99	1:27.60	374	26/03/17	MCASA Open Meet	London	LR170009	1
200 Breaststroke	3:10.61	3:07.80	375	07/05/16	London Region Age Grp Summer Championships	Crystal Palace	LR160415	1
50 Backstroke	49.53	49.10	159	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Backstroke	3:45.47	3:44.00	162	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Individual Medley	2:53.57	2:51.30	383	09/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.83	33.50	340	17/12/17	Chalfont Otters Winter Splash	Maidenhead	SE172098	3
100 Freestyle	1:10.27	1:11.50	365	26/11/17	Brompton Winter Club Champs 2017	London	LR172447	4
200 Freestyle	2:28.01	2:30.30	413	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
400 Freestyle	5:29.00	5:33.20	347	16/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
50 Breaststroke	39.27	40.10	377	16/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
100 Breaststroke	1:26.41	1:27.90	375	16/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
200 Breaststroke	3:02.80	3:05.70	398	15/10/16	Gloucester City Autumn Level 2	Gloucester	SW160133	2
50 Butterfly	37.75	38.30	269	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
100 Butterfly	1:24.09	1:25.00	265	28/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	LR151488	3
200 Butterfly	3:12.69	3:14.30	239	09/07/16	Black Swan Summer Open Meet	Walton on Thames	SE161058	3
50 Backstroke	38.70	39.20	277	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
100 Backstroke	1:26.59	1:27.50	254	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
200 Backstroke	2:58.08	2:59.90	297	22/11/15	Brompton Mid Distance Club Championships 2015	London	LR152334	4
200 Individual Medley	2:43.73	2:46.10	412	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
100 Individual Medley	1:18.69	1:18.70	370	09/10/16	MCASA Winter Development Meet	Enfield	LR161660	3