

Individual Best Times (All Time)

Thomas Poulton - (981270) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.64	25.80	483	15/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
100 Freestyle	55.81	54.30	591	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
200 Freestyle	2:06.45	2:03.70	524	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1
400 Freestyle	4:25.29	4:20.00	570	25/07/21	South East Festival of Swimming 2021	Wycombe	SE210358	1
1500 Freestyle	20:27.29	20:10.30	357	20/09/15	Wycombe District Swim Club Club Championships	Wycombe	SE151738	4
50 Breaststroke	37.17	36.30	340	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
100 Breaststroke	1:22.40	1:20.90	328	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Breaststroke	2:59.68	2:56.70	340	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3
50 Butterfly	26.23	25.50	612	20/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
100 Butterfly	57.11	55.80	649	08/04/22	British Championships 2022	Sheffield	BSW020	1
200 Butterfly	2:17.68	2:15.40	514	12/01/20	BSBASA County Championships	Wycombe	SE200053	1
50 Backstroke	27.97	27.20	596	19/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
100 Backstroke	59.04	57.70	667	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
200 Backstroke	2:08.37	2:05.80	662	13/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
200 Individual Medley	2:14.63	2:11.70	607	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
400 Individual Medley	4:50.26	4:44.20	583	31/07/19	Swim England National Summer Meet	Sheffield	ENG014	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.87	25.70	532	03/10/21	City of Leeds October Meet 2021	John Charles	NE210473	3
100 Freestyle	57.70	59.10	469	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
200 Freestyle	1:58.06	2:01.00	596	16/10/21	City of Birmingham Winter Open Meet	Birmingham	WM210177	2
400 Freestyle	4:11.08	4:16.60	604	17/10/21	City of Birmingham Winter Open Meet	Birmingham	WM210177	2
50 Breaststroke	34.93	35.80	364	07/10/17	Maxwell October Meet	Aylesbury	SE171807	3
100 Breaststroke	1:16.30	1:17.90	380	02/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
200 Breaststroke	2:49.16	2:52.30	358	02/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
50 Butterfly	26.71	27.40	539	20/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
100 Butterfly	56.04	57.40	619	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2
200 Butterfly	2:22.05	2:24.30	425	07/10/17	Maxwell October Meet	Aylesbury	SE171807	3
50 Backstroke	27.68	28.40	509	17/10/21	City of Birmingham Winter Open Meet	Birmingham	WM210177	2
100 Backstroke	55.28	56.70	668	09/12/23	National Arena Swimming League South Round 3 Final	High Wycombe	SE232568	2
200 Backstroke	2:02.18	2:04.90	646	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Individual Medley	2:09.25	2:12.30	610	20/11/22	BUCS Short Course 2022-23	Sheffield	NE222500	2
400 Individual Medley	4:41.53	4:47.70	580	06/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
100 Individual Medley	59.58	59.60	565	22/06/24	Rushmoor Royals Summer L2 Short Course Open Meet	Aldershot	SE240423	2