

Individual Best Times (All Time)

Sophie Fice - (980471) - Borough of Harrow S C

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	48.28	48.70	107	21/06/14	Borough of Harrow End of Season Open Meet	Barnet	LR4548	3
100 Freestyle	1:46.87	1:47.70	103	31/05/14	Borough of Harrow SC Spring Invitation Gala	Harrow	LR4579	4
50 Breaststroke	1:00.57	1:01.10	102	02/11/13	The Borough of Harrow Club Championships	Barnet	LR3804	4
100 Breaststroke	2:12.20	2:13.20	104	31/05/14	Borough of Harrow SC Spring Invitation Gala	Harrow	LR4579	4
50 Backstroke	52.63	53.00	110	23/02/14	The Borough of Harrow John Basford Open Meet	London	LR4237	3