

Individual Best Times (All Time)

Ailish Rabey - (980042) - Beau Sejour Barracuda SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.86	28.10	547	06/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
100 Freestyle	1:01.66	1:00.30	589	06/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
200 Freestyle	2:14.11	2:11.50	595	08/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
400 Freestyle	4:49.40	4:44.50	538	06/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
800 Freestyle	9:56.20	9:46.40	537	02/05/22	Swim England South East Summer Championships	Wycombe	SE220755	1
50 Butterfly	37.92	37.40	267	25/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
50 Backstroke	39.62	39.10	311	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.78	28.50	562	27/11/22	Guernsey SC Island Swimming Championships 2022	Beau Sajour LC	SE222283	3
100 Freestyle	59.55	1:00.90	600	26/11/22	Guernsey SC Island Swimming Championships 2022	Beau Sajour LC	SE222283	3
200 Freestyle	2:06.64	2:09.30	660	10/07/23	NatWest International Island Games XIX	Guernsey	GBR2087	2
400 Freestyle	4:34.21	4:39.30	600	12/07/23	NatWest International Island Games XIX	Guernsey	GBR2087	2
800 Freestyle	9:34.24	9:44.20	574	24/03/19	Rothschild Island Championships	St Sampsons School	SE191285	3
1500 Freestyle	17:47.96	18:07.10	615	06/07/19	Natwest International Island Games XVIII	Gibraltar	GBR1183	2
50 Breaststroke	39.43	40.20	372	05/03/22	Guernsey ASA 50m Sprint Gala	Beau Sejour	SE220564	4
100 Breaststroke	1:30.68	1:32.10	325	22/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170956	2
200 Breaststroke	3:12.04	3:14.80	344	21/10/17	Walkers Tigers Annual Autumn Open Meet 2017	St Brelade	SE170956	2
50 Butterfly	32.71	33.30	414	29/02/20	GASA 50m Sprint Gala	Guernsey	SE200655	4
100 Butterfly	1:13.70	1:14.70	394	23/05/18	Beau Sejour Barracudas LBG Club Championships 2018	Guernsey	SE180966	4
200 Butterfly	3:27.39	3:28.90	191	27/09/17	Specsavers Series 2017	Guernsey	SE170984	4
50 Backstroke	34.02	34.60	408	07/03/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200648	4
100 Backstroke	1:10.78	1:11.90	466	03/10/20	GASA 100m Sprint Gala	St Sampsons High Sch	SE201192	4
200 Backstroke	2:38.33	2:40.40	423	30/06/18	The Barracuda 30th Open Meet 2018	Guernsey	SE180472	2
200 Individual Medley	2:51.31	2:53.60	359	26/03/17	Rothschilds Island Championships (Closed)	St Sampsons	SE170692	3
100 Individual Medley	1:14.20	1:14.20	441	25/09/21	Guernsey ASA 100m Sprint Gala	Guernsey	SE211038	4