

# Individual Best Times (All Time)

Leah Cragg - (979762) - Chapeltown SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.28	32.60	357	09/11/19	Sheffield City Glyn Mettam Memorial Open Meet	Sheffield	NE191586	3
100 Freestyle	1:13.00	1:11.80	355	09/11/19	Sheffield City Glyn Mettam Memorial Open Meet	Sheffield	NE191586	3
200 Freestyle	2:48.69	2:46.60	299	17/07/16	Doncaster Dartes End of Season Long Course Meet	Leeds	NE160598	3
400 Freestyle	6:05.08	6:01.20	268	06/11/16	Sheffield & District ASA Championships	Sheffield	NE160615	4
800 Freestyle	12:14.40	12:06.50	287	17/07/16	Doncaster Dartes End of Season Long Course Meet	Leeds	NE160598	3
50 Breaststroke	45.60	44.90	261	14/12/19	BOBSC Christmas Sprint	Sheffield	NE192137	3
100 Breaststroke	1:39.19	1:37.90	270	09/11/19	Sheffield City Glyn Mettam Memorial Open Meet	Sheffield	NE191586	3
50 Butterfly	40.72	40.30	215	09/11/19	Sheffield City Glyn Mettam Memorial Open Meet	Sheffield	NE191586	3
50 Backstroke	42.14	41.70	258	14/12/19	BOBSC Christmas Sprint	Sheffield	NE192137	3
100 Backstroke	1:34.23	1:33.40	225	03/12/16	Bo Barnsley 21st Annual Christmas Sprint	Sheffield	NE160960	3
200 Backstroke	3:12.62	3:10.90	261	17/07/16	Doncaster Dartes End of Season Long Course Meet	Leeds	NE160598	3
200 Individual Medley	3:10.54	3:08.50	289	14/12/19	BOBSC Christmas Sprint	Sheffield	NE192137	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.65	34.30	316	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Freestyle	1:14.96	1:16.10	301	30/07/21	Chapeltown	Thornccliffe	LEX3684	0
200 Freestyle	2:47.93	2:50.00	283	18/12/20	Chapeltown	Thornccliffe LC	LEX925	0
50 Breaststroke	45.64	46.30	240	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Breaststroke	1:38.49	1:39.80	253	30/07/21	Chapeltown	Thornccliffe	LEX3684	0
50 Butterfly	42.48	42.90	189	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Butterfly	1:36.25	1:37.00	177	18/12/20	Chapeltown	Thornccliffe LC	LEX925	0
50 Backstroke	41.90	42.40	218	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Backstroke	1:28.90	1:29.80	235	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
200 Individual Medley	3:11.62	3:13.70	257	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
400 Individual Medley	6:43.18	6:47.50	264	30/07/21	Chapeltown	Thornccliffe	LEX3684	0
100 Individual Medley	1:25.14	1:25.10	292	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3