

# Individual Best Times (All Time)

Clara Greenhalgh - (978919) - Bor of Waltham Forest (Gators)

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.49	36.10	269	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
100 Freestyle	1:16.28	1:17.40	285	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
200 Freestyle	2:43.61	2:45.70	306	22/11/14	Harlow Penguins Winter Open Meet	Harlow	ER14724	3
400 Freestyle	5:53.82	5:57.80	279	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
50 Breaststroke	48.44	49.10	200	19/04/15	Essex & Regional Qualifier	Thurrock	ER150027	3
100 Breaststroke	1:41.51	1:42.70	231	28/03/15	Redbridge March Regional Qualifier	Fullwell Cross	LR150168	3
200 Breaststroke	3:39.26	3:41.70	231	01/11/14	Dartford & Erith Fireworks Open Meet	Bexleyheath	LR4256	3
50 Butterfly	39.09	39.60	242	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
100 Butterfly	1:26.62	1:27.50	242	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
200 Butterfly	3:21.67	3:23.20	208	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
50 Backstroke	40.86	41.30	235	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
100 Backstroke	1:26.97	1:27.90	251	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
200 Backstroke	3:06.80	3:08.60	258	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
200 Individual Medley	3:05.34	3:07.50	284	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
400 Individual Medley	6:29.24	6:33.70	294	04/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3
100 Individual Medley	1:27.14	1:27.10	272	03/01/15	London Borough of Redbridge Winter Meet	Barkingside	LR150002	3