

Individual Best Times (All Time)

Marina Lowe - (978057) - Elmbridge Phoenix SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|------------------|---------|-----------------|-----------|----------|---|-----------|----------|-------|
| 50 Freestyle | 33.64 | 33.00 | 345 | 03/12/17 | Rushmoor Royals Last Chance County Qualifier Meet | Aldershot | SE171586 | 3 |
| 100 Breaststroke | 1:38.75 | 1:37.50 | 273 | 27/11/16 | Rushmoor Royals SC Last Chance County Qualifier | Aldershot | SE161449 | 3 |
| 200 Breaststroke | 3:24.83 | 3:22.20 | 302 | 03/12/17 | Rushmoor Royals Last Chance County Qualifier Meet | Aldershot | SE171586 | 3 |
| 50 Backstroke | 37.25 | 36.70 | 374 | 17/02/18 | Surrey Age Group Championships 2018 | Surrey | LR180304 | 1 |
| 100 Backstroke | 1:21.07 | 1:20.10 | 353 | 03/12/17 | Rushmoor Royals Last Chance County Qualifier Meet | Aldershot | SE171586 | 3 |
| 200 Backstroke | 2:50.38 | 2:48.40 | 377 | 18/03/17 | Rushmoor Royals L1 Spring National Qualifier Open | Aldershot | SE170371 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|----------------------|----------|-------|
| 50 Freestyle | 32.23 | 32.90 | 360 | 19/11/17 | Guildford City L2 Winter Meet | Guildford | SE171847 | 2 |
| 100 Freestyle | 1:09.83 | 1:11.00 | 372 | 30/09/17 | The Royals Autumn Open Meet | Walton on Thames | LR171469 | 3 |
| 200 Freestyle | 2:33.63 | 2:35.90 | 370 | 10/12/17 | Elmbridge Phoenix Club Championships 2017 | Cobham | SE172404 | 4 |
| 400 Freestyle | 5:35.97 | 5:40.10 | 326 | 17/06/17 | KRSC & EPSC Inter Club Championships | Epsom | LR171366 | 4 |
| 50 Breaststroke | 43.83 | 44.50 | 271 | 30/09/17 | The Royals Autumn Open Meet | Walton on Thames | LR171469 | 3 |
| 100 Breaststroke | 1:31.56 | 1:32.90 | 315 | 10/12/17 | Elmbridge Phoenix Club Championships 2017 | Cobham | SE172404 | 4 |
| 200 Breaststroke | 3:18.04 | 3:20.70 | 313 | 14/01/17 | Kingston Royals New Year Meet | Walton on the Thames | LR170252 | 3 |
| 50 Backstroke | 36.62 | 37.20 | 327 | 15/01/17 | Kingston Royals New Year Meet | Walton on the Thames | LR170252 | 3 |
| 100 Backstroke | 1:15.85 | 1:16.90 | 378 | 14/01/17 | Kingston Royals New Year Meet | Walton on the Thames | LR170252 | 3 |
| 200 Backstroke | 2:42.59 | 2:44.60 | 391 | 15/01/17 | Kingston Royals New Year Meet | Walton on the Thames | LR170252 | 3 |
| 100 Individual Medley | 1:25.57 | 1:25.60 | 288 | 22/05/16 | Atlantis Horsham Spring Open Meet | Horsham | SE160865 | 3 |