

# Individual Best Times (All Time)

Matthew Oates - (977484) - Stocksbridge Pentaqua SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.02	28.30	374	07/03/20	Stocksbridge Spring Open Meet	Sheffield	NE200151	3
100 Freestyle	1:13.38	1:12.20	260	03/09/17	Sheffield & District Championships	Sheffield	NE170631	4
50 Breaststroke	38.09	37.30	316	07/03/20	Stocksbridge Spring Open Meet	Sheffield	NE200151	3
100 Breaststroke	1:29.98	1:28.60	252	08/12/18	Borough of Barnsley 23rd Annual Christmas Sprint	Sheffield	NE182360	3
50 Butterfly	36.25	35.70	231	08/12/18	Borough of Barnsley 23rd Annual Christmas Sprint	Sheffield	NE182360	3
50 Backstroke	38.72	38.20	224	03/09/17	Sheffield & District Championships	Sheffield	NE170631	4
100 Backstroke	1:17.79	1:16.70	291	07/03/20	Stocksbridge Spring Open Meet	Sheffield	NE200151	3
200 Individual Medley	2:51.91	2:49.60	291	07/03/20	Stocksbridge Spring Open Meet	Sheffield	NE200151	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.35	29.10	359	21/09/19	A and B grade Short Course Meet	Sheffield	NE191454	3
100 Freestyle	1:05.84	1:07.10	315	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3
200 Freestyle	2:22.12	2:24.50	341	21/09/19	A and B grade Short Course Meet	Sheffield	NE191454	3
400 Freestyle	5:24.40	5:28.70	280	14/10/17	Stocksbridge & District Club Championships	Stocksbridge	NE171821	4
50 Breaststroke	39.46	40.30	252	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3
100 Breaststroke	1:24.27	1:25.80	282	12/10/19	Stocksbridge Pentaqua Club Championships 2019	Stocksbridge	NE192269	4
50 Butterfly	34.13	34.70	258	21/09/19	A and B grade Short Course Meet	Sheffield	NE191454	3
100 Butterfly	1:29.37	1:30.20	152	06/10/18	Stocksbridge & District Pentaqua Club Championship	Stocksbridge	NE182110	4
50 Backstroke	34.99	35.60	252	10/10/20	Stocksbridge Pentaqua	Stocksbridge	LEX007	0
100 Backstroke	1:14.56	1:15.60	272	21/09/19	A and B grade Short Course Meet	Sheffield	NE191454	3
200 Individual Medley	2:52.54	2:54.80	256	07/10/17	Stocksbridge & District Club Championships	Stocksbridge	NE171820	4
100 Individual Medley	1:15.74	1:15.70	275	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3