

# Individual Best Times (All Time)

Jade Winters - (976806) - East Kilbride ASC

## Short Course

| Stroke           | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                | Venue | License | Level |
|------------------|---------|-----------------|-----------|----------|-------------------------------------|-------|---------|-------|
| 50 Freestyle     | 38.48   | 39.00           | 211       | 24/08/14 | Cumbernauld Autumn Graded Meet      | Tryst | SCO869  | 2     |
| 100 Freestyle    | 1:31.37 | 1:32.30         | 166       | 15/03/14 | Cumbernauld Spring Graded Meet 2014 | Tryst | SCO821  | 2     |
| 50 Breaststroke  | 50.59   | 51.20           | 176       | 24/08/14 | Cumbernauld Autumn Graded Meet      | Tryst | SCO869  | 2     |
| 100 Breaststroke | 2:03.03 | 2:04.10         | 130       | 15/03/14 | Cumbernauld Spring Graded Meet 2014 | Tryst | SCO821  | 2     |
| 50 Butterfly     | 44.32   | 44.70           | 166       | 24/08/14 | Cumbernauld Autumn Graded Meet      | Tryst | SCO869  | 2     |
| 100 Butterfly    | 1:52.99 | 1:53.70         | 109       | 15/03/14 | Cumbernauld Spring Graded Meet 2014 | Tryst | SCO821  | 2     |
| 50 Backstroke    | 45.88   | 46.30           | 166       | 24/08/14 | Cumbernauld Autumn Graded Meet      | Tryst | SCO869  | 2     |