

Individual Best Times (All Time)

Emily Sharp - (975591) - Stanway SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.99	31.30	402	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	1:13.09	1:11.90	354	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
50 Butterfly	35.00	34.50	340	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
50 Backstroke	37.54	37.00	366	04/02/17	Essex Age Group Championships	London	ER170023	1
100 Backstroke	1:23.41	1:22.40	324	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3
200 Individual Medley	3:07.31	3:05.20	305	27/09/15	BWFSC County Qualifier Meet 2015	London	LR151058	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.12	31.80	400	21/05/16	Braintree & Bocking Spring Festival One Day	Braintree	ER160948	3
100 Freestyle	1:09.70	1:10.90	374	27/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	ER14006	3
200 Freestyle	2:36.74	2:38.90	348	15/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon	ER150612	3
400 Freestyle	5:55.64	5:59.60	275	24/11/13	Deben Open Meet	Deben	ER3812	3
50 Breaststroke	42.02	42.80	307	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
100 Breaststroke	1:38.42	1:39.70	254	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon	ER150612	3
200 Breaststroke	3:31.72	3:34.20	256	30/11/14	Deben Open Meet	Deben	ER4935	3
50 Butterfly	34.16	34.70	363	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
100 Butterfly	1:31.05	1:31.90	209	12/04/15	Sudbury Spring Two Day Open Meet	Sudbury	ER150317	3
50 Backstroke	35.39	36.00	363	24/10/15	Essex Senior Short Course Championships 2015	Basildon	ER150959	2
100 Backstroke	1:16.91	1:17.90	363	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	ER160522	3
200 Backstroke	2:53.51	2:55.40	322	30/11/14	Deben Open Meet	Deben	ER4935	3
200 Individual Medley	3:08.99	3:11.10	268	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon	ER150612	3
100 Individual Medley	1:18.49	1:18.50	373	06/12/15	Braintree & Bocking Spring Festival Open Meet	Braintree	ER151657	3