

Individual Best Times (All Time)

Alexandra Jacob - (975104) - Llandudno Swimming

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	48.01	48.40	74	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Freestyle	1:46.92	1:47.70	73	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Breaststroke	2:13.26	2:14.20	71	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4