Individual Best Times (All Time)

Matthew Jacob - (975103) - Llandudno Swimming

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	50.06	50.50	65	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Freestyle	1:52.74	1:53.50	62	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Breaststroke	1:01.28	1:01.80	67	11/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
100 Breaststroke	2:26.01	2:26.90	54	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Butterfly	55.58	55.90	59	22/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
50 Backstroke	51.12	51.50	80	12/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
100 Backstroke	2:05.66	2:06.30	56	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4
100 Individual Medley	2:25.40	2:25.40	38	23/09/12	Swim Conwy Closed Invitation Meet	Llandudno	WAL446	4

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