

Individual Best Times (All Time)

Keaton Eken - (974558) - Middlesbrough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.07	42.60	114	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
200 Freestyle	3:43.95	3:42.40	94	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Breaststroke	48.76	48.10	150	02/02/14	NDSA Championships	Sunderland	CC4064	1
100 Breaststroke	1:47.49	1:46.30	148	07/06/14	ASA North East Region British Gas Regional	Leeds	NER422	1
200 Breaststroke	3:44.28	3:41.90	175	09/03/14	Northumberland & Durham SA County Champs	Sunderland	CC4066	1
50 Butterfly	58.14	57.80	56	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3
50 Backstroke	52.93	52.50	88	12/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	NE3822	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.00	35.60	191	26/06/15	Middlesbrough End of Season Gala	Middlesbrough	NE151333	2
100 Freestyle	1:21.15	1:22.20	168	18/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
200 Freestyle	2:55.31	2:57.30	182	19/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
400 Freestyle	6:34.26	6:37.80	156	06/07/14	Boldmere SC Water Carnival	Birmingham	WM4563	3
50 Breaststroke	45.27	46.00	167	18/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
100 Breaststroke	1:35.58	1:36.90	193	26/06/15	Middlesbrough End of Season Gala	Middlesbrough	NE151333	2
200 Breaststroke	3:26.60	3:29.10	196	18/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
50 Butterfly	49.50	49.90	84	28/12/14	Middlesbrough Club Champs	Middlesbrough	NE14727	4
50 Backstroke	43.59	44.00	130	18/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
100 Backstroke	1:30.04	1:30.90	154	26/06/15	Middlesbrough End of Season Gala	Middlesbrough	NE151333	2
200 Backstroke	3:12.80	3:14.50	164	18/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	NE4302	3
200 Individual Medley	3:13.39	3:15.40	182	19/04/15	Middlesborough ASC AA Grade 2015	Middlesborough	NE150689	3
100 Individual Medley	1:36.30	1:36.30	134	18/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	NE4302	3