

# Individual Best Times (All Time)

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## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	50.14	50.60	95	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2
100 Backstroke	1:57.17	1:57.90	102	15/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	SCO821	2