

Individual Best Times (All Time)

Micah Navaratnam - (973995) - Newham & University of East Lond

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.00	40.50	128	01/11/15	Newham & UEL Borough Champs 2015	East Ham	LR151922	4
100 Freestyle	1:36.39	1:37.30	100	10/10/15	The Alan Mitchell Memorial County Qualifier	Thurrock	ER150249	3
50 Breaststroke	55.14	55.70	92	03/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
100 Breaststroke	2:05.34	2:06.30	85	03/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
50 Butterfly	54.82	55.20	62	01/11/15	Newham & UEL Borough Champs 2015	East Ham	LR151922	4
50 Backstroke	46.81	47.20	105	01/11/15	Newham & UEL Borough Champs 2015	East Ham	LR151922	4
100 Backstroke	1:44.08	1:44.90	100	10/10/15	The Alan Mitchell Memorial County Qualifier	Thurrock	ER150249	3
200 Backstroke	3:58.53	3:59.90	86	26/04/14	London Borough of Redbridge Meet 2014	Barking	LR4030	3
100 Individual Medley	1:49.14	1:49.10	92	19/10/14	The Alan Mitchell Memorial County Qualifier	Grays	ER4860	3