

Individual Best Times (All Time)

James Gibson - (973522) - Harlow Penguin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.94	28.20	377	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Freestyle	1:09.01	1:07.80	313	19/07/14	Basildon & Phoenix End of Season Meet	Basildon	ER4489	3
50 Breaststroke	40.59	39.80	261	06/02/16	Essex Age Group Championships 2016	London	ER160003	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.14	29.80	331	29/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
100 Freestyle	1:06.01	1:07.30	313	29/11/14	Essex Senior Junior Championships	Basildon	ER4970	2
200 Freestyle	2:33.02	2:35.30	273	22/11/14	Harlow Penguins Winter Open Meet	Harlow	ER14724	3
50 Breaststroke	38.38	39.20	274	13/06/15	Stevenage Swimming Club Summer Sprint	Stevenage	ER150769	3
100 Breaststroke	1:27.06	1:28.50	256	13/12/14	NASL London Round Division 1&2	Luton	ER14051	3