

Individual Best Times (All Time)

Simi Unercat - (972889) - Hillingdon Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.09	36.50	257	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Freestyle	1:23.78	1:22.80	235	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
200 Freestyle	2:59.61	2:57.70	248	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Breaststroke	53.75	53.20	159	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Butterfly	58.25	57.90	73	22/09/13	Hillingdon SC 3rd Autumn Sprints Meet	Hillingdon	LR3470	3
50 Backstroke	42.41	41.90	254	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Backstroke	1:32.28	1:31.40	239	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
200 Individual Medley	3:26.32	3:24.40	228	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.06	36.60	257	09/11/14	Hillingdon RNSS Club Championships	Hillingdon	LR4590	4
100 Freestyle	1:19.77	1:20.80	249	28/06/14	Hoddesdon Summer Sprint 2014	Borehamwood	ER4350	3
200 Freestyle	2:59.15	3:01.10	233	23/11/14	Watford MD & Sprints Open Meet	Watford	ER4664	3
400 Freestyle	6:00.72	6:04.60	263	18/06/14	Hillingdon SC RNSS Club Championships 2014	Hillingdon	LR4585	4
50 Breaststroke	49.72	50.40	185	27/06/15	Hoddesdon Summer Sprint 2015	Borehamwood	ER150485	3
100 Breaststroke	1:52.28	1:53.40	171	28/06/14	Hoddesdon Summer Sprint 2014	Borehamwood	ER4350	3
200 Breaststroke	3:46.77	3:49.10	208	18/05/14	Hillingdon RNSS Club Champs	Northwood	LR4274	4
50 Butterfly	48.23	48.60	129	09/11/14	Hillingdon RNSS Club Championships	Hillingdon	LR4590	4
50 Backstroke	39.75	40.30	256	27/06/15	Hoddesdon Summer Sprint 2015	Borehamwood	ER150485	3
100 Backstroke	1:30.28	1:31.20	224	01/11/15	Hillingdon RNSS House Club Champs	Uxbridge	LR150687	4
200 Backstroke	3:15.03	3:16.70	226	23/11/14	Watford MD & Sprints Open Meet	Watford	ER4664	3
200 Individual Medley	3:28.41	3:30.30	199	18/05/14	Hillingdon RNSS Club Champs	Northwood	LR4274	4
400 Individual Medley	7:47.81	7:51.60	169	16/10/13	Hillingdon SC RNSS Club Championships	Hillingdon	LR3648	4
100 Individual Medley	1:35.78	1:35.80	205	18/01/14	Watford County Qualifier Open Meet	Watford	ER4172	3