

Individual Best Times (All Time)

Adam Stewart - (971973) - Market Harborough SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.10	29.80	332	02/11/19	Market Harborough Annual Club Championships	Market Harborough	EM191215	4
100 Freestyle	1:05.10	1:06.40	326	20/06/19	Market Harborough Annual Club Championships	Market Harborough	EM192288	4
200 Freestyle	2:36.85	2:39.10	254	06/09/18	Market Harborough Annual Club Championships	Market Harborough	EM180263	4
400 Freestyle	5:59.01	6:02.90	206	06/06/19	Market Harborough Annual Club Championships	Market Harborough	EM191210	4
1500 Freestyle	25:25.87	25:39.40	170	06/07/17	Market Harborough Club Championships	Market Harborough	EM170282	4
50 Breaststroke	40.07	40.80	241	02/11/19	Market Harborough Annual Club Championships	Market Harborough	EM191215	4
100 Breaststroke	1:30.44	1:31.80	228	26/10/19	Market Harborough Annual Club Championships	Market Harborough	EM191214	4
200 Breaststroke	3:15.71	3:18.40	231	09/05/19	Market Harborough Annual Club Championships	Market Harborough	EM191209	4
50 Butterfly	35.66	36.20	226	26/10/19	Market Harborough Annual Club Championships	Market Harborough	EM191214	4
100 Butterfly	1:43.42	1:44.20	98	29/10/16	Market Harborough Club Championships	Market Harborough	EM161106	4
200 Butterfly	3:34.78	3:36.30	123	16/03/17	Market Harborough Club Championships	Market Harborough	EM170278	4
50 Backstroke	43.98	44.40	127	22/10/16	Market Harborough Club Championships	Market Harborough	EM161105	4
200 Backstroke	3:05.50	3:07.30	184	11/04/19	Market Harborough Annual Club Championships	Market Harborough	EM191208	4
200 Individual Medley	3:06.17	3:08.30	204	12/10/17	Market Harborough Club Championships	Market Harborough	EM170284	4
400 Individual Medley	6:45.65	6:50.00	193	22/11/18	Market Harborough Annual Club Championships	Market Harborough	EM180267	4
100 Individual Medley	1:20.85	1:20.80	226	02/11/19	Market Harborough Annual Club Championships	Market Harborough	EM191215	4