

Individual Best Times (All Time)

Alex Williams - (971618) - Tadcaster York Sport Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.22	26.40	453	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Freestyle	57.41	55.90	543	08/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200184	1
200 Freestyle	2:08.67	2:05.90	498	31/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	NE190402	1
400 Freestyle	4:24.93	4:19.60	573	04/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
50 Breaststroke	37.38	36.50	334	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Breaststroke	1:28.42	1:27.00	266	04/02/17	Yorkshire SA County Championships	Leeds	NE170141	1
50 Butterfly	28.44	27.80	480	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Butterfly	1:02.90	1:01.70	485	08/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200184	1
50 Backstroke	30.69	30.00	451	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Backstroke	1:13.67	1:12.60	343	07/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.87	26.70	473	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
100 Freestyle	54.54	56.00	555	02/07/21	Tadcaster	Tadcaster	LEX2867	0
200 Freestyle	2:01.81	2:04.60	542	02/07/21	Tadcaster	Tadcaster	LEX2867	0
400 Freestyle	4:25.70	4:30.90	509	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
50 Breaststroke	35.00	35.90	362	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
100 Breaststroke	1:17.87	1:19.50	357	07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
50 Butterfly	27.19	27.90	511	11/06/21	Tadcaster	Tadcaster	LEX1709	0
100 Butterfly	1:02.85	1:04.00	439	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
50 Backstroke	28.31	29.00	476	11/06/21	Tadcaster	Tadcaster	LEX1709	0
100 Backstroke	1:03.15	1:04.40	448	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Backstroke	2:27.95	2:30.20	363	02/12/18	York City Winter Swim Extravaganza 2018	Leeds	NE181622	3
200 Individual Medley	2:23.03	2:25.80	450	08/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3
100 Individual Medley	1:05.16	1:05.20	432	07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	NE192024	3