

# Individual Best Times (All Time)

Emily Sparks - (970383) - Backwell SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.81	41.30	177	15/11/14	Backwell Club Championships	Backwell	SW14484	4
100 Freestyle	1:31.90	1:32.80	163	14/11/14	Backwell Club Championships	Backwell	SW14484	4
200 Freestyle	3:21.34	3:23.10	164	11/11/14	Backwell Club Championships	Backwell	SW14483	4
400 Freestyle	7:08.91	7:12.20	156	18/11/14	Backwell Club Championships	Backwell	SW14485	4
50 Breaststroke	52.82	53.40	154	14/11/14	Backwell Club Championships	Backwell	SW14484	4
100 Breaststroke	1:53.47	1:54.60	165	18/11/14	Backwell Club Championships	Backwell	SW14485	4
200 Breaststroke	3:54.38	3:56.60	189	12/11/14	Backwell Club Championships	Backwell	SW14483	4
50 Butterfly	52.94	53.30	97	15/11/14	Backwell Club Championships	Backwell	SW14484	4
50 Backstroke	46.95	47.40	155	14/11/14	Backwell Club Championships	Backwell	SW14484	4
100 Backstroke	1:38.56	1:39.40	172	15/11/14	Backwell Club Championships	Backwell	SW14484	4
200 Individual Medley	3:35.50	3:37.30	180	13/11/14	Backwell Club Championships	Backwell	SW14483	4
100 Individual Medley	1:40.20	1:40.20	179	15/11/14	Backwell Club Championships	Backwell	SW14484	4