

Individual Best Times (All Time)

Harri Prosser - (97003120) - Llanelli

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	1:00.86	1:01.20	36	14/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
100 Freestyle	2:21.29	2:21.90	31	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3
50 Backstroke	1:09.91	1:10.20	31	08/10/23	Llanelli ASC Autumn Meet 2023	Llanelli	WL230637	3
100 Backstroke	2:45.45	2:45.90	24	13/01/24	Nofio Sir Gar Performance Swimming's Open Meet 24	Carmarthen	WL240161	3