

Individual Best Times (All Time)

Gethin Lewis - (97001625) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.04	43.60	107	09/07/23	Welsh Development (Youth Panel) 2023	Swansea	WL230162	3
100 Freestyle	1:26.80	1:25.80	157	08/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240163	1
200 Freestyle	3:13.10	3:11.30	147	18/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
400 Freestyle	6:53.29	6:49.90	150	19/05/24	Tiger Bay Open Meet 2024	Cardiff	WL240162	3
50 Breaststroke	55.29	54.70	103	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240195	3
100 Breaststroke	2:03.62	2:02.60	97	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240195	3
50 Butterfly	50.66	50.30	84	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240195	3
50 Backstroke	51.50	51.10	95	09/07/23	Welsh Development (Youth Panel) 2023	Swansea	WL230162	3
100 Backstroke	1:38.52	1:37.70	143	08/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff	WL240163	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.41	39.00	144	07/04/24	Amman Valley No Time Gala 2024	Carmarthen	WL240500	3
100 Freestyle	1:29.00	1:29.90	127	07/04/24	Amman Valley No Time Gala 2024	Carmarthen	WL240500	3
200 Freestyle	3:16.91	3:18.70	128	07/04/24	Amman Valley No Time Gala 2024	Carmarthen	WL240500	3
50 Breaststroke	59.74	1:00.30	72	28/10/23	Neath ASC Open Meet	Swansea	WL231885	3
100 Breaststroke	2:16.23	2:17.20	66	01/10/23	City of Swansea Aquatics Club Championships 2023	Swansea	WL230624	3
50 Butterfly	52.41	52.80	71	25/02/24	Llanelli Open Meet Level 2 and 3 Combined 2024	Llanelli	WL240257	3
50 Backstroke	44.94	45.40	119	25/02/24	Llanelli Open Meet Level 2 and 3 Combined 2024	Llanelli	WL240257	3
100 Backstroke	1:40.06	1:40.90	112	07/04/24	Amman Valley No Time Gala 2024	Carmarthen	WL240500	3
200 Backstroke	3:39.20	3:40.70	111	12/11/23	Amman Valley SC Mid-distance Development Meet 2023	Carmarthen	WL232007	3
200 Individual Medley	4:06.36	4:08.00	88	28/10/23	Neath ASC Open Meet	Swansea	WL231885	3
100 Individual Medley	1:47.69	1:47.70	95	10/12/23	Carmarthen & District Christmas Open Meet 2023	Carmarthen	WL232015	3