

# Individual Best Times (All Time)

Jacob Chapman - (969797) - Stowmarket SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.66	36.10	185	07/07/18	City of Norwich Midsummer Madness 2018	Norwich	ER180457	3
50 Breaststroke	35.91	35.00	377	15/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
100 Breaststroke	1:42.26	1:41.00	172	07/07/18	City of Norwich Midsummer Madness 2018	Norwich	ER180457	3
50 Butterfly	40.71	40.20	163	07/01/18	BWFSC L3 New Year Meet 2018	London	LR180217	3
50 Backstroke	43.75	43.30	155	07/07/18	City of Norwich Midsummer Madness 2018	Norwich	ER180457	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.42	29.10	356	05/02/22	Swim England Suffolk County Championships 2022	Ipswich	ER220170	2
100 Freestyle	1:05.40	1:06.70	322	10/10/21	Stowmarket SC Club Championships	Stowmarket	ER210811	4
200 Freestyle	2:43.20	2:45.30	225	12/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
400 Freestyle	5:56.06	6:00.00	211	11/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
800 Freestyle	13:25.29	13:32.50	166	16/06/19	West Suffolk Swimming Club Long Distance Meet 2019	Bury St Edmunds	ER191828	3
50 Breaststroke	36.03	36.90	332	06/10/19	The Neate Meet 2019	Bury St Edmunds	ER191833	3
100 Breaststroke	1:20.37	1:21.90	325	15/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
200 Breaststroke	3:03.38	3:06.20	281	09/10/21	Stowmarket SC Club Championships	Stowmarket	ER210811	4
50 Butterfly	32.46	33.00	300	14/11/21	Stowmarket SC Club Championships	Stowmarket	ER210814	4
100 Butterfly	1:22.58	1:23.50	193	01/11/20	Stowmarket Swimming Club	Mid Suffolk Leisure	LEX082	0
200 Butterfly	3:29.27	3:30.80	133	13/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
50 Backstroke	33.50	34.10	287	18/12/21	Stowmarket No Frills	Stowmarket	ER211369	3
100 Backstroke	1:22.66	1:23.60	199	13/10/19	Stowmarket Club Championships	Stowmarket	ER192841	4
200 Backstroke	3:10.75	3:12.50	169	15/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
200 Individual Medley	2:52.50	2:54.80	256	15/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
400 Individual Medley	6:46.68	6:51.00	192	14/11/19	Stowmarket Club Championships	Stowmarket	ER192842	4
100 Individual Medley	1:13.97	1:14.00	295	10/10/21	Stowmarket SC Club Championships	Stowmarket	ER210811	4