

Individual Best Times (All Time)

Samuel Holt - (969652) - Denbighshire Development Team

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.84	30.50	308	04/02/18	SW North Regional Championships	Llandudno	WL180044	2
100 Freestyle	1:06.39	1:07.60	308	07/02/18	SW North Regional Championships	Llandudno	WL180044	2
200 Freestyle	2:27.78	2:30.10	304	06/02/18	SW North Regional Championships	Llandudno	WL180044	2
400 Freestyle	5:30.96	5:35.20	263	05/12/15	Swim Wales North Sub Regional Championships	Llandudno	WL151215	3
1500 Freestyle	22:14.69	22:30.10	255	02/02/18	SW North Regional Championships	Llandudno	WL180044	2
50 Breaststroke	51.75	52.40	112	26/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
100 Breaststroke	1:40.51	1:41.80	166	27/02/16	Gwynedd AA + B Meet	Llandudno	WL160385	3
200 Breaststroke	3:50.36	3:52.70	141	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
50 Butterfly	52.54	52.90	70	26/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
100 Butterfly	1:29.18	1:30.00	153	27/02/16	Gwynedd AA + B Meet	Llandudno	WL160385	3
50 Backstroke	43.04	43.50	135	25/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
100 Backstroke	1:27.27	1:28.20	169	27/02/16	Gwynedd AA + B Meet	Llandudno	WL160385	3
200 Backstroke	3:17.09	3:18.80	153	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
200 Individual Medley	3:01.58	3:03.70	220	27/02/16	Gwynedd AA + B Meet	Llandudno	WL160385	3
100 Individual Medley	1:51.40	1:51.40	86	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4