

Individual Best Times (All Time)

Kirsti Morris - (969192) - Lerwick ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Breaststroke	1:38.21	1:36.90	278	14/06/15	SDS National Performance Champs 2015	Glasgow	SCO1003	1
100 Butterfly	1:25.33	1:24.40	274	14/06/15	SDS National Performance Champs 2015	Glasgow	SCO1003	1
50 Backstroke	36.98	36.40	383	01/04/15	Scottish National Age Group Championships	Aberdeen	SCO959	1
100 Backstroke	1:20.43	1:19.40	362	14/06/15	SDS National Performance Champs 2015	Glasgow	SCO1003	1
200 Individual Medley	3:05.30	3:03.20	315	14/06/15	SDS National Performance Champs 2015	Glasgow	SCO1003	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.67	31.30	417	12/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	SCO1145	2
100 Freestyle	1:09.44	1:10.60	378	19/04/15	Buckie Age Groups 2015	Buckie	SCO965	2
200 Freestyle	2:35.92	2:38.10	354	28/11/15	GTS Direct Winter Meet	Lerwick	SCO1054	2
400 Freestyle	6:12.39	6:16.20	239	14/09/14	Shetland Distance Time Trials 1	Lerwick	SCO882	2
50 Breaststroke	42.58	43.30	295	22/03/15	Shetland Sprint Championships	Clickimin	SCO956	2
100 Breaststroke	1:31.94	1:33.30	312	08/11/15	Shetland Age Group & Schools Championships	Shetland	SCO1040	2
200 Breaststroke	3:15.27	3:18.00	327	28/11/15	GTS Direct Winter Meet	Lerwick	SCO1054	2
50 Butterfly	34.34	34.90	357	29/10/16	GTS Winter Meet	Lerwick	SCO1185	2
100 Butterfly	1:18.00	1:19.00	332	17/04/16	Buckie Age Group Meet	Buckie	SCO1110	2
200 Butterfly	2:58.86	3:00.60	299	11/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	SCO1145	2
50 Backstroke	34.42	35.00	394	29/10/16	GTS Winter Meet	Lerwick	SCO1185	2
100 Backstroke	1:15.98	1:17.00	377	24/01/16	SASA North District Age Group Meet 2016	Inverness	SCO1070	2
200 Backstroke	2:36.68	2:38.80	437	11/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	SCO1145	2
200 Individual Medley	2:45.98	2:48.30	395	12/06/16	J.W.Gray & Co Midsummer Meet 2016	Clickimin	SCO1145	2
100 Individual Medley	1:18.24	1:18.20	376	20/03/16	Shetland Sprint Championships 2016	Clickimin	SCO1100	2