

Individual Best Times (All Time)

Samuel Jacobs - (968229) - Sevenoaks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.17	28.40	368	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Freestyle	1:07.98	1:06.70	327	07/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
200 Freestyle	2:29.83	2:27.50	315	07/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
400 Freestyle	5:24.94	5:20.60	310	23/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160328	1
50 Breaststroke	42.19	41.40	232	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Breaststroke	1:33.90	1:32.50	222	31/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160329	1
50 Butterfly	32.99	32.40	307	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Butterfly	1:17.43	1:16.40	260	30/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160329	1
50 Backstroke	35.48	34.90	292	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
200 Individual Medley	2:56.99	2:54.70	267	28/05/16	ASA South East Region Swimming Championships	Crawley	SE160992	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.44	31.10	290	12/12/15	NAL South Premier Division Final	Crawley	LR152370	2
100 Freestyle	1:08.25	1:09.50	283	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Freestyle	2:28.27	2:30.60	301	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
400 Freestyle	5:13.75	5:18.20	309	19/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151943	4
50 Breaststroke	42.69	43.40	199	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Breaststroke	1:35.81	1:37.10	192	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Breaststroke	3:23.83	3:26.40	204	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
50 Butterfly	34.00	34.60	261	12/12/15	NAL South Premier Division Final	Crawley	LR152370	2
100 Butterfly	1:18.62	1:19.60	224	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Butterfly	3:06.88	3:08.60	186	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
50 Backstroke	36.75	37.30	217	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Backstroke	1:19.02	1:20.00	228	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Backstroke	2:52.09	2:54.00	231	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Individual Medley	2:50.05	2:52.40	267	12/11/15	Sevenoaks Club Championships 2015	Sevenoaks	SE151941	4
400 Individual Medley	6:07.72	6:12.50	260	01/11/15	Sevenoaks Club Championships 2015	Sevenoaks	SE151940	4
100 Individual Medley	1:19.03	1:19.00	242	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4