

Individual Best Times (All Time)

Millie Cant - (968165) - Haslemere Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.21	32.60	359	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Freestyle	1:14.27	1:13.10	337	12/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	SE150155	1
200 Freestyle	2:42.29	2:40.10	336	11/04/15	Guildford City Inaugural Level 1 Long Course Meet	Guildford	SE150155	1
50 Breaststroke	49.21	48.60	208	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
50 Butterfly	35.90	35.40	315	28/02/15	Surrey Age Group Championships	Crystal Palace	CC150303	1
50 Backstroke	37.87	37.30	356	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3
100 Backstroke	1:21.46	1:20.50	348	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Backstroke	2:56.57	2:54.70	339	22/02/15	Surrey Age Group Championships	Guildford	CC150302	1
200 Individual Medley	3:00.18	2:58.00	342	09/04/16	Crawley Spring Open Meet 2016	Crawley	SE160037	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.29	32.90	358	17/01/16	Redhill & Reigate Winter Open Meet	Horsham	SE160244	3
100 Freestyle	1:10.88	1:12.10	356	17/01/16	Redhill & Reigate Winter Open Meet	Horsham	SE160244	3
200 Freestyle	2:32.88	2:35.10	375	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
400 Freestyle	6:09.14	6:12.90	246	09/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4624	4
800 Freestyle	13:24.70	13:31.90	208	08/10/13	Haslemere SC Club Championships	Surrey	SE3191	4
50 Breaststroke	46.50	47.20	227	05/10/15	Haslemere SC Club Championships 2015	Haslemere	SE151634	4
100 Breaststroke	1:51.53	1:52.70	174	14/12/14	Haslemere Celebration Meet	Haslemere	SE14723	4
50 Butterfly	35.88	36.40	313	31/10/15	Hart Autumn Invitational Meet 2015	Fleet	SE151436	4
100 Butterfly	1:44.71	1:45.40	137	09/06/14	Haslemere SC Club Championships 2014	Haslemere	SE4624	4
200 Butterfly	3:19.64	3:21.20	215	03/07/16	Haslemere Club Championships 2016	Haslemere	SE161511	4
50 Backstroke	37.33	37.90	309	05/10/15	Haslemere SC Club Championships 2015	Haslemere	SE151634	4
100 Backstroke	1:20.48	1:21.50	317	26/06/16	Haslemere Club Championships 2016	Haslemere	SE161510	4
200 Backstroke	2:50.93	2:52.90	336	13/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
200 Individual Medley	2:55.82	2:58.10	332	13/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
400 Individual Medley	7:12.67	7:16.70	214	08/06/14	Haslemere Club Championships	Haslemere	SE4623	4
100 Individual Medley	1:22.08	1:22.10	326	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2