

Individual Best Times (All Time)

Tallen Harris - (968031) - East Grinstead Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.69	30.40	313	21/11/16	East Grinstead Club Championships	East Grinstead	SE162425	4
100 Freestyle	1:07.50	1:08.70	293	07/07/17	East Grinstead 2017 Summer Swimming Champs	East Grinstead	SE171532	4
200 Freestyle	2:29.72	2:32.00	292	11/06/16	East Grinstead Summer Championships	East Grinstead	SE161133	4
400 Freestyle	5:37.43	5:41.60	248	12/06/16	East Grinstead Summer Championships	East Grinstead	SE161134	4
50 Breaststroke	41.56	42.30	216	16/09/16	East Grinstead Club Sprint Championships	East Grinstead	SE161143	4
100 Breaststroke	1:27.03	1:28.50	256	12/11/17	East Grinstead Club Championships	East Grinstead	SE171692	4
200 Breaststroke	4:07.21	4:09.30	114	22/06/14	East Grinstead Long Distance Championships	East Grinstead	SE4831	4
50 Butterfly	33.57	34.10	271	16/09/16	East Grinstead Club Sprint Championships	East Grinstead	SE161143	4
100 Butterfly	1:22.20	1:23.10	196	21/11/16	East Grinstead Club Championships	East Grinstead	SE162425	4
50 Backstroke	39.31	39.80	177	16/09/16	East Grinstead Club Sprint Championships	East Grinstead	SE161143	4
100 Backstroke	1:35.30	1:36.10	130	12/11/13	East Grinstead Club Championships	East Grinstead	SE3891	4
200 Backstroke	3:23.75	3:25.40	139	20/06/14	East Grinstead Long Distance Championships	East Grinstead	SE4830	4
200 Individual Medley	2:51.69	2:54.00	260	11/06/17	East Grinstead 2017 Summer Swimming Champs	East Grinstead	SE171529	4
400 Individual Medley	7:38.38	7:42.20	134	22/06/14	East Grinstead Long Distance Championships	East Grinstead	SE4831	4
100 Individual Medley	1:17.75	1:17.80	254	25/06/17	East Grinstead 2017 Summer Swimming Champs	East Grinstead	SE171531	4