

Individual Best Times (All Time)

Spencer Ben-Scully - (967864) - Bournemouth Collegiate School SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.70	26.90	430	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Freestyle	1:30.06	1:29.10	140	10/05/14	Wycombe 8th Annual LC Sprint Meet	Wycombe	SE4141	3
400 Freestyle	5:22.62	5:18.20	317	21/05/16	ASA SWR Summer Championships	Millfield	SW160537	1
50 Breaststroke	36.91	36.00	347	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Breaststroke	1:23.30	1:21.80	318	06/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
50 Butterfly	31.61	31.00	349	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
100 Butterfly	1:17.05	1:16.10	264	21/05/17	ASA SWR Summer Championships	Millfield	SW170196	1
200 Butterfly	2:51.60	2:49.70	265	13/05/17	ASA SWR Summer Championships	Bristol	SW170195	1
50 Backstroke	31.73	31.10	408	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Backstroke	1:08.43	1:07.20	428	06/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Backstroke	2:53.80	2:51.90	267	31/05/15	ASASWR Summer Championships	Millfield	SW150231	1
200 Individual Medley	2:35.34	2:32.80	395	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.08	26.90	461	08/12/19	City of Southampton SC 10th Christmas Open Meet	Southampton	SE191581	3
100 Freestyle	57.78	59.20	467	28/09/19	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER190459	2
200 Freestyle	2:14.72	2:17.30	401	03/02/18	Dorset County ASA Champs & Age Group Competition	Littledown	SW180097	2
400 Freestyle	4:43.03	4:47.90	421	23/09/19	Swim Bournemouth Club Championships	Bournemouth	SW192563	4
800 Freestyle	9:45.66	9:55.40	434	26/09/19	Swim Bournemouth Club Championships	Bournemouth	SW192565	4
1500 Freestyle	18:38.78	18:57.10	433	27/09/19	Swim Bournemouth Club Championships	Bournemouth	SW192566	4
50 Breaststroke	34.20	35.10	388	19/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
100 Breaststroke	1:17.61	1:19.20	361	28/09/19	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER190459	2
200 Breaststroke	3:13.86	3:16.60	238	27/11/16	Swim Bournemouth Club Championships	Wimborne	SW162149	4
50 Butterfly	29.14	29.80	415	18/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
100 Butterfly	1:09.31	1:10.40	327	20/10/18	Millfield School & Street SC TYR	Millfield School	SW181181	2
200 Butterfly	2:42.59	2:44.50	283	26/02/17	Dorset County Champs & Age Groups	Bournemouth	SW170161	2
50 Backstroke	29.84	30.50	406	08/12/19	City of Southampton SC 10th Christmas Open Meet	Southampton	SE191581	3
100 Backstroke	1:04.81	1:06.00	414	01/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
200 Backstroke	2:21.24	2:23.60	418	19/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2
200 Individual Medley	2:30.25	2:32.90	388	21/10/18	Millfield School & Street SC TYR	Millfield School	SW181181	2
100 Individual Medley	1:05.33	1:05.30	429	18/01/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200143	2