

Individual Best Times (All Time)

Matthew Cairns - (967846) - Newcastle SwimTeam

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.21	23.30	644	06/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1
100 Freestyle	52.17	50.60	724	25/07/22	British Summer Championships	Sheffield	BSW022	1
200 Freestyle	2:00.53	1:57.60	606	16/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200405	1
400 Freestyle	4:20.26	4:14.80	604	01/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200404	1
800 Freestyle	8:53.09	8:42.20	610	22/01/22	Somerset ASA County Championships 2022	Millfield	SW220105	1
50 Breaststroke	34.48	33.60	426	01/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200404	1
100 Breaststroke	1:16.26	1:14.60	414	15/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200405	1
50 Butterfly	25.74	25.00	647	06/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1
100 Butterfly	56.65	55.30	665	04/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1
200 Butterfly	2:04.33	2:01.80	698	24/07/22	British Summer Championships	Sheffield	BSW022	1
50 Backstroke	26.65	25.90	690	05/05/24	SE North East Regional Open/Youth Championships	Sunderland	NE240253	1
100 Backstroke	57.59	56.20	719	25/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	NE210265	1
200 Backstroke	2:06.11	2:03.40	698	24/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	NE210265	1
200 Individual Medley	2:13.61	2:10.60	621	18/06/23	Team Bath AS & Millfield National Preparation Meet	Millfield	SW230994	3
400 Individual Medley	5:09.73	5:04.00	479	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.38	24.30	641	16/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
100 Freestyle	52.06	53.60	638	16/09/23	Newcastle ST Club Championships 2023	Tynemouth	NE231968	4
200 Freestyle	1:52.14	1:55.20	695	05/11/23	NE Regional Open Championships (25m) 2023	Sheffield	NE231348	2
400 Freestyle	4:10.19	4:15.70	610	16/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
800 Freestyle	8:54.50	9:05.20	570	01/08/21	Newcastle Swim Team	East End pool	LEX3723	0
1500 Freestyle	16:50.80	17:11.00	588	01/08/21	Newcastle Swim Team	East End pool	LEX3723	0
50 Breaststroke	35.61	36.50	343	13/04/19	Chester Le Street Open Meet 2019	Chester-le-Street	NE191526	3
100 Breaststroke	1:09.66	1:11.40	499	16/09/23	Newcastle ST Club Championships 2023	Tynemouth	NE231968	4
200 Breaststroke	2:45.24	2:48.40	384	03/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
50 Butterfly	25.16	25.90	646	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Butterfly	54.33	55.70	680	10/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
200 Butterfly	1:59.16	2:01.80	720	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
50 Backstroke	24.70	25.50	717	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Backstroke	53.96	55.40	718	10/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
200 Backstroke	1:57.12	1:59.90	733	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Individual Medley	2:08.75	2:11.80	617	13/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
400 Individual Medley	4:33.15	4:39.50	635	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Individual Medley	58.53	58.50	596	16/09/23	Newcastle ST Club Championships 2023	Tynemouth	NE231968	4