

Individual Best Times (All Time)

Thomas Graham - (967842) - Durham City ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.09	30.40	304	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
100 Freestyle	1:05.34	1:04.00	368	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
200 Freestyle	2:38.48	2:36.30	266	17/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
1500 Freestyle	18:23.70	18:04.90	491	09/02/18	N & D 2018 Championships	Sunderland	NE180243	1
50 Breaststroke	32.53	31.60	507	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
100 Breaststroke	1:11.16	1:09.40	510	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
200 Breaststroke	2:32.04	2:28.50	562	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
50 Butterfly	30.08	29.40	405	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	NE190293	1
100 Butterfly	1:05.27	1:04.10	434	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	NE190293	1
200 Butterfly	2:35.34	2:33.30	358	27/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	NE190005	1
50 Backstroke	34.52	33.90	317	15/04/18	City of Leeds National Qualifier 2018	Leeds	NE180082	1
100 Backstroke	1:21.84	1:20.90	250	16/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
200 Backstroke	2:54.44	2:52.50	264	16/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
200 Individual Medley	2:23.27	2:20.50	503	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.49	28.20	394	30/09/18	Richmond Dales Back to School Gala	Middlesbrough	NE182120	2
100 Freestyle	1:02.57	1:03.90	368	17/02/18	Durham City Valentines Gala	Durham	NE180142	3
200 Freestyle	2:15.58	2:18.10	393	10/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	NE171230	3
400 Freestyle	4:41.07	4:46.00	430	18/02/18	Durham City Valentines Gala	Durham	NE180142	3
1500 Freestyle	18:13.23	18:31.90	464	17/12/17	Durham City Winter Club Gala 2017	Durham	NE172262	4
50 Breaststroke	32.11	33.10	469	28/04/19	Durham City Club Gala Series 2019 - Gala - 1	Freemans Quay	NE191918	4
100 Breaststroke	1:10.18	1:11.90	488	08/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
200 Breaststroke	2:29.45	2:32.90	519	09/12/18	Scottish National Short Course Open Swimming	Edinburgh	SCO1566	2
50 Butterfly	30.03	30.70	379	24/06/18	Durham City Club Gala Series 2018 - Gala - 1	Freemans Quay Durham	NE180838	4
100 Butterfly	1:05.79	1:06.90	383	04/11/18	Swim England North East Region Championships (25)	Sheffield	NE182208	2
200 Butterfly	2:24.11	2:26.30	407	03/11/18	Swim England North East Region Championships (25)	Sheffield	NE182208	2
50 Backstroke	31.79	32.40	336	14/10/18	BOSSS Winter Swim Festival 2018	Billingham	NE181462	2
100 Backstroke	1:18.63	1:19.60	232	11/12/16	Middlesbrough Christmas Meet	Middlesbrough	NE161276	3
200 Backstroke	2:28.63	2:30.90	358	24/11/18	Durham City Club Gala Series 2018 - Gala - 2	Freemans Quay Durham	NE180837	4
200 Individual Medley	2:21.53	2:24.30	464	28/04/19	Durham City Club Gala Series 2019 - Gala - 1	Freemans Quay	NE191918	4
100 Individual Medley	1:06.68	1:06.70	403	24/11/18	Durham City Club Gala Series 2018 - Gala - 2	Freemans Quay Durham	NE180837	4