## **Individual Best Times (All Time)**

Thomas Emery - (967610) - Sutton & Cheam SC

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.74	38.30	152	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	LR170313	4
100 Freestyle	1:27.31	1:28.30	135	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
200 Freestyle	3:28.42	3:30.10	108	20/09/14	Sutton & Cheam Club Championships	Carshalton	LR14039	4
50 Breaststroke	46.97	47.60	149	12/06/16	Surrey Summer Development Meet	Guildford	LR160902	3
100 Breaststroke	1:44.58	1:45.80	147	22/05/16	Woking 7th B C Grade Octopus Meet	Woking	SE160749	3
200 Breaststroke	3:41.47	3:43.90	159	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	LR170313	4
50 Backstroke	42.16	42.60	144	22/05/16	Woking 7th B C Grade Octopus Meet	Woking	SE160749	3
100 Individual Medley	1:32.96	1:33.00	148	07/01/17	London Boro Sutton Annual Swimming Champs	Carshalton	LR170313	4

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