

# Individual Best Times (All Time)

James Douglas-Sutton - (967221) - Faversham SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.73	36.30	179	29/06/14	Dover Lifeguard SC Whitecliffs	Dover	SE4918	3
100 Freestyle	1:27.52	1:28.50	134	05/07/14	Herne Bay Summer Gala	Canterbury	SE4507	3
200 Freestyle	3:08.87	3:10.70	145	14/09/14	City of Canterbury SC Club Championships 2014	Caterbury	SE14109	4
400 Freestyle	6:33.00	6:36.60	157	14/09/14	City of Canterbury SC Club Championships 2014	Caterbury	SE14109	4
50 Breaststroke	48.41	49.10	136	29/06/14	Dover Lifeguard SC Whitecliffs	Dover	SE4918	3
100 Breaststroke	1:48.74	1:49.90	131	05/07/14	Herne Bay Summer Gala	Canterbury	SE4507	3
200 Breaststroke	4:17.85	4:19.90	101	15/09/13	City of Canterbury Club Championships	Canterbury	SE3718	4
50 Butterfly	41.83	42.30	140	29/06/14	Dover Lifeguard SC Whitecliffs	Dover	SE4918	3
50 Backstroke	44.11	44.60	125	27/04/14	City of Canterbury Sprint Open Gala	Canterbury	SE4428	3
100 Backstroke	1:34.41	1:35.30	134	05/07/14	Herne Bay Summer Gala	Canterbury	SE4507	3
200 Individual Medley	3:27.95	3:29.80	146	27/04/14	City of Canterbury Sprint Open Gala	Canterbury	SE4428	3
100 Individual Medley	1:33.40	1:33.40	146	05/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14107	4