

# Individual Best Times (All Time)

Alisha Paintal Maycock - (967161) - City of Canterbury SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.78	39.30	206	06/10/12	East Invicta Annual Championships	Canterbury	SE2582	3
100 Freestyle	1:28.40	1:29.30	183	14/09/12	Canterbury SC Club Championships	Canterbury	SE2682	4
50 Breaststroke	44.49	45.20	259	04/05/13	Black Lion SC Level 3 Spring Open Meet	Gillingham	SE3059	3
100 Breaststroke	1:37.38	1:38.70	262	27/04/13	Canterbury Medley Madness Spring Open Gala	Canterbury	SE3376	3
200 Breaststroke	3:33.47	3:35.90	250	08/09/13	City of Canterbury Club Championships	Canterbury	SE3718	4