

# Individual Best Times (All Time)

Millie Manderson - (966792) - Black Lion SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.63	29.90	457	11/02/17	Kent Swimming Championships	London Aquatics	SE170174	1
100 Freestyle	1:09.79	1:08.60	406	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	ER160006	1
200 Freestyle	2:30.70	2:28.40	419	04/01/15	BWFSC Level 1 Long Course Meet	London	LR150167	1
50 Butterfly	34.51	34.00	354	12/02/17	Kent Swimming Championships	London Aquatics	SE170174	1
50 Backstroke	35.12	34.50	447	11/02/17	Kent Swimming Championships	London Aquatics	SE170174	1
100 Backstroke	1:16.18	1:15.10	426	29/01/17	Kent Swimming Championships	Crystal Palace	SE170172	1
200 Backstroke	2:53.09	2:51.10	360	04/04/15	Beckenham Easter International Open 2015	Crystal Palace	LR150437	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.67	30.40	461	27/11/16	Black Lion Winter Open Meet	Gillingham	SE160753	3
100 Freestyle	1:05.86	1:07.10	444	02/10/16	Orpington Ojays Season Starter 2016	Gillingham	LR160636	3
200 Freestyle	2:24.63	2:27.00	443	07/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham	SE4515	3
400 Freestyle	5:10.63	5:15.10	412	06/11/14	Black Lion Club Championships	Strood	SE4638	4
800 Freestyle	11:52.99	12:01.10	300	03/10/13	Black Lion Club Championships	Gillingham	SE3621	4
50 Breaststroke	43.16	43.90	284	07/06/15	Thanet Swim Club Margate Open	Hartsdown	SE150633	3
100 Breaststroke	1:36.98	1:38.30	265	09/05/15	Medway ASA Championships 2015	Gillingham	SE150197	4
50 Butterfly	33.36	33.90	390	30/04/17	Black Lion L3 Spring Open Meet 2017	Gillingham	SE170440	3
100 Butterfly	1:20.50	1:21.40	302	04/04/15	Medway ASA Championships 2015	Gillingham	SE150196	4
50 Backstroke	33.52	34.10	427	04/01/17	Black Lion Licensed Time Trials 2017	Strood	SE170443	4
100 Backstroke	1:12.22	1:13.30	439	08/01/17	Black Lion Licensed Time Trials 2017	Medway Park	SE170444	4
200 Backstroke	2:42.26	2:44.30	393	10/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury	SE150074	3
200 Individual Medley	2:49.94	2:52.20	368	10/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury	SE150074	3
100 Individual Medley	1:18.42	1:18.40	374	20/12/14	Thanet Swim Club Festive County Qualifier	Hartsdown	SE14273	3