

Individual Best Times (All Time)

Emily Moore - (965973) - Witham Dolphins SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.65	38.20	225	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
100 Freestyle	1:33.53	1:34.40	155	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Freestyle	3:05.51	3:07.40	210	09/10/16	Witham Dolphins Winter Club Champs	Witham	ER162193	4
400 Freestyle	6:35.90	6:39.40	199	11/12/16	Witham Dolphins Winter Club Championships	Witney	ER162383	4
800 Freestyle	13:47.74	13:54.70	191	11/06/17	Witham Dolphins Summer Club Championships	Witham	ER170959	4
50 Breaststroke	54.23	54.80	143	25/06/16	Witham Dolphins Invitation Meet	Braintree	ER161285	4
100 Breaststroke	2:11.90	2:12.90	105	20/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
200 Breaststroke	4:27.78	4:29.80	126	26/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
50 Butterfly	44.06	44.50	169	17/06/17	Witham Dolphins Summer Club Championships	Witham	ER170960	4
50 Backstroke	42.52	43.00	209	17/06/17	Witham Dolphins Summer Club Championships	Witham	ER170960	4
100 Backstroke	1:41.85	1:42.60	156	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Backstroke	3:32.68	3:34.20	174	23/11/14	Witham Dolphins Winter Club Championships	Witham	ER14306	4
200 Individual Medley	4:01.85	4:03.50	127	23/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
100 Individual Medley	1:33.85	1:33.80	218	17/06/17	Witham Dolphins Summer Club Championships	Witham	ER170960	4