

# Individual Best Times (All Time)

Aimee Hood - (964341) - City of Birmingham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.35	27.60	577	12/02/23	Middle East Junior and Open Championships 2023	Hamdan	GBR1912	1
100 Freestyle	58.86	57.40	678	08/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220505	1
200 Freestyle	2:03.82	2:01.00	757	22/07/22	British Summer Championships	Sheffield	BSW022	1
400 Freestyle	4:16.45	4:10.90	773	27/07/22	British Summer Championships	Sheffield	BSW022	1
800 Freestyle	8:52.81	8:41.90	753	18/03/23	Team Luton March LC Meet 2023	Luton	ER230045	1
1500 Freestyle	16:50.18	16:29.60	756	22/07/22	British Summer Championships	Sheffield	BSW022	1
50 Breaststroke	38.15	37.30	446	01/05/17	West Midland Championships	Coventry	WM170518	1
100 Breaststroke	1:21.29	1:19.70	490	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Breaststroke	2:52.84	2:49.80	504	05/05/18	Swim England West Midlands Championships	Coventry	WM180517	1
50 Butterfly	33.13	32.60	400	08/07/17	Graham Sykes Memorial Meet 2017	Coventry	WM170725	3
100 Butterfly	1:05.35	1:04.20	611	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	NE220037	1
200 Butterfly	2:23.32	2:21.10	613	12/02/23	Middle East Junior and Open Championships 2023	Hamdan	GBR1912	1
50 Backstroke	37.25	36.70	374	08/07/17	Graham Sykes Memorial Meet 2017	Coventry	WM170725	3
100 Backstroke	1:25.67	1:24.70	299	20/12/15	Northampton 2015 Long Course Winter Festival	Corby	EM151769	1
200 Backstroke	2:45.69	2:43.70	410	08/07/17	Graham Sykes Memorial Meet 2017	Coventry	WM170725	3
200 Individual Medley	2:31.99	2:29.40	571	29/04/18	Swim England West Midlands Championships	Coventry	WM180516	1
400 Individual Medley	5:13.80	5:08.20	608	28/04/18	Swim England West Midlands Championships	Coventry	WM180516	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.93	27.70	617	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
100 Freestyle	57.07	58.50	682	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
200 Freestyle	2:00.77	2:03.60	762	04/12/22	National Winter Championships 2022	Sheffield	ENG027	2
400 Freestyle	4:09.52	4:15.10	796	04/12/22	National Winter Championships 2022	Sheffield	ENG027	2
800 Freestyle	8:36.41	8:47.50	790	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
1500 Freestyle	21:06.63	21:22.80	368	11/10/15	Redditch SC Club Championships 2015	Redditch	WM151811	4
50 Breaststroke	37.88	38.70	420	01/10/16	Coventry & District ASC Primary Galas 2016	Nuneaton	WM161567	3
100 Breaststroke	1:19.78	1:21.30	477	25/06/17	Hillingdon Summer Meet	Uxbridge	LR170897	2
200 Breaststroke	2:53.21	2:56.20	468	09/10/16	Coventry & District Primary Galas 2016	Nuneaton	WM161568	3
50 Butterfly	30.34	31.00	518	16/10/22	City of Birmingham Winter Open Meet	Birmingham	WM221390	2
100 Butterfly	1:05.74	1:06.90	555	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
200 Butterfly	2:19.73	2:22.00	627	06/11/21	Swim England West Midlands Regional	Coventry	WM211169	2
50 Backstroke	35.81	36.40	350	17/09/16	Redditch Club Championships	Redditch	WM161749	4
100 Backstroke	1:12.77	1:13.90	429	06/10/18	Coventry & District Primary Galas 2018	Nuneaton	WM181694	3
200 Backstroke	2:42.21	2:44.30	394	30/09/16	Redditch Club Championships	Redditch	WM161753	4
200 Individual Medley	2:29.44	2:32.10	542	09/02/19	Worcester County Age Group Championships	Wolverhampton	WM190095	2
400 Individual Medley	5:10.54	5:16.10	579	14/10/18	Coventry & District Primary Galas 2018	Nuneaton	WM181695	3
100 Individual Medley	1:10.81	1:10.80	508	06/10/19	BearFest 2019 Open Meet	Wolverhampton	WM192033	3