

# Individual Best Times (All Time)

Jevon Penny - (962266) - City of Manchester Aquatics

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.54	25.70	489	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
100 Freestyle	56.04	54.50	584	19/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
200 Freestyle	1:57.97	1:55.00	646	26/07/19	British Summer Championships	Glasgow	BSW011	1
400 Freestyle	4:08.40	4:02.70	695	20/04/19	Beckenham Easter International Open 2019	London	LR190200	1
800 Freestyle	8:36.75	8:25.50	669	19/04/19	Beckenham Easter International Open 2019	London	LR190200	1
1500 Freestyle	16:22.27	16:01.10	697	18/04/19	British Championships 2019	Glasgow	BSW010	1
50 Breaststroke	39.79	39.00	277	25/02/17	NASA 2017 County Championships	Corby	EM170549	1
100 Breaststroke	1:22.26	1:20.70	330	27/01/18	NASA 2018 County Championships	Corby	EM180560	1
200 Breaststroke	3:06.68	3:03.80	303	18/12/16	Northampton Winter Festival	Corby	EM161800	3
50 Butterfly	32.46	31.90	322	26/02/17	NASA 2017 County Championships	Corby	EM170549	1
100 Butterfly	1:02.63	1:01.40	492	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
200 Butterfly	2:20.19	2:17.90	487	22/02/19	McCullagh International Meet	Bangor	GBR950	1
50 Backstroke	36.29	35.70	273	15/05/16	Northampton 2016 Long Course Spring Festival	Corby	EM160459	1
100 Backstroke	1:10.34	1:09.20	394	11/02/18	NASA 2018 County Championships	Corby	EM180561	1
200 Backstroke	2:22.80	2:20.40	481	14/04/18	Swim England East Midland Championships 2018	Sheffield	EM180958	1
200 Individual Medley	2:17.60	2:14.70	568	09/02/19	2019 NASA County Championships	Corby	EM190544	1
400 Individual Medley	4:48.81	4:42.70	591	24/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	SW190355	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.16	26.90	457	10/07/21	Northampton Swimming Club Summer Festival 2021	Corby	EM210148	4
100 Freestyle	54.56	56.10	555	10/07/21	Northampton Swimming Club Summer Festival 2021	Corby	EM210148	4
200 Freestyle	1:56.51	1:59.40	620	07/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
400 Freestyle	4:02.64	4:08.30	669	14/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
800 Freestyle	8:30.66	8:41.80	654	20/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
1500 Freestyle	16:07.99	16:29.00	669	15/12/18	SE Winter Championships 2018	Sheffield	ENG012	2
50 Breaststroke	36.96	37.80	307	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4
100 Breaststroke	1:24.98	1:26.50	275	20/11/16	The Leicester Open	Braunstone	EM161964	2
200 Breaststroke	2:57.69	3:00.60	309	21/11/16	The Leicester Open	Braunstone	EM161964	2
50 Butterfly	30.15	30.80	375	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4
100 Butterfly	1:00.70	1:01.90	487	10/07/21	Northampton Swimming Club Summer Festival 2021	Corby	EM210148	4
200 Butterfly	2:21.79	2:24.00	427	30/06/19	Hatfield Summer Meet 2019	Herts Sports Village	ER191325	2
50 Backstroke	32.75	33.40	307	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4
100 Backstroke	1:07.94	1:09.10	359	19/11/17	The 2017 Leicester Open Meet	Braunstone	EM171675	2
200 Backstroke	2:23.44	2:25.70	399	17/11/18	The 2018 Leicester Open	Braunstone	EM181420	2
200 Individual Medley	2:15.80	2:18.70	526	10/07/21	Northampton Swimming Club Summer Festival 2021	Corby	EM210148	4
400 Individual Medley	4:39.97	4:46.20	589	17/11/19	The Leicester Open 2019	Braunstone	EM193161	2
100 Individual Medley	1:07.01	1:07.00	397	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4