

Individual Best Times (All Time)

Poppy Gray - (961994) - Dunmow Atlantis SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.30	33.70	326	04/02/17	Essex Age Group Championships	London	ER170023	1
50 Backstroke	40.00	39.50	302	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
100 Backstroke	1:25.99	1:25.00	296	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.95	34.60	308	03/12/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161674	4
100 Freestyle	1:18.32	1:19.40	264	17/11/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161673	4
200 Freestyle	2:45.84	2:47.90	294	13/10/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161672	4
50 Breaststroke	48.21	48.90	203	28/11/15	Dunmow Atlantis Club Championships	Dunmow	ER151612	4
100 Breaststroke	1:44.67	1:45.90	211	09/10/15	Dunmow Atlantis Club Championships	Dunmow	ER151610	4
50 Butterfly	37.09	37.60	284	03/12/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161674	4
50 Backstroke	38.69	39.20	277	03/12/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161674	4
100 Backstroke	1:21.19	1:22.20	309	22/09/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161671	4
200 Backstroke	2:58.93	3:00.80	293	17/11/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161673	4
200 Individual Medley	3:00.17	3:02.40	309	17/11/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161673	4
100 Individual Medley	1:23.14	1:23.10	314	22/09/16	Dunmow Atlantis Club Championships	Great Dunmow	ER161671	4