

Individual Best Times (All Time)

Grace Ashpole - (961351) - Melksham ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.68	35.30	289	14/01/18	Wiltshire Age Group Championships 2018	Salisbury	SW180195	3
100 Freestyle	1:24.19	1:25.20	212	21/01/17	Wiltshire Age Group Championships	Swindon	SW170234	2
50 Breaststroke	46.35	47.00	229	08/04/18	Calne Alpha L4 Open Meet	Calne	SW180208	3
100 Breaststroke	1:40.83	1:42.10	236	07/04/18	Calne Alpha L4 Open Meet	Calne	SW180208	3
200 Breaststroke	3:45.11	3:47.50	213	03/12/17	Soundwell County Qualifier Open Meet 2017	Gloucester	SW171514	3
50 Backstroke	41.51	42.00	225	20/01/18	Wiltshire Age Group Championships 2018	Swindon	SW180196	3
100 Individual Medley	1:53.49	1:53.50	123	19/07/15	Trowbridge Club Championships 2015	Trowbridge	SW150791	4