

Individual Best Times (All Time)

Emily Playford - (960028) - Biggleswade SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.36	31.70	388	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
100 Freestyle	1:10.38	1:09.20	396	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Freestyle	2:33.36	2:31.10	398	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
400 Freestyle	5:32.74	5:28.50	353	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
800 Freestyle	11:39.41	11:31.10	333	27/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
50 Breaststroke	44.83	44.10	275	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
50 Butterfly	36.71	36.20	294	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
50 Backstroke	37.30	36.80	373	05/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
100 Backstroke	1:19.12	1:18.10	380	28/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Backstroke	2:48.03	2:46.00	393	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
200 Individual Medley	3:01.75	2:59.60	334	14/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.76	32.40	376	25/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
100 Freestyle	1:08.79	1:10.00	389	24/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
200 Freestyle	2:26.95	2:29.30	422	12/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	ER170456	2
400 Freestyle	5:09.14	5:13.70	418	27/11/16	St Albans Open Meet	St Albans	ER161417	3
800 Freestyle	10:44.47	10:53.40	406	05/11/16	Biggleswade 2016 Club Championships	Biggleswade	ER161711	4
50 Breaststroke	43.73	44.40	273	03/12/16	Biggleswade 2016 Club Championships	Biggleswade	ER161712	4
100 Breaststroke	1:36.68	1:38.00	268	03/09/16	Biggleswade Club Championships	Biggleswade	ER161709	4
200 Breaststroke	3:47.08	3:49.40	208	20/09/14	Biggleswade SC Club Championships 2014	Biggleswade	ER4862	4
50 Butterfly	35.54	36.10	322	24/06/17	Biggleswade 18th Open Meet	Biggleswade	ER171068	3
100 Butterfly	1:28.51	1:29.40	227	19/06/16	Biggleswade 17th Open Meet	Biggleswade	ER160949	3
50 Backstroke	36.23	36.80	338	25/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
100 Backstroke	1:15.83	1:16.90	379	24/09/16	Team Luton September Short Course Meet	Luton	ER160086	2
200 Backstroke	2:40.11	2:42.20	409	09/04/17	Newmarket & District 9th April Open Meet	Newmarket	ER170120	3
200 Individual Medley	3:00.79	3:03.00	306	16/04/16	Newmarket & District 8th April Open Meet 2016	Newmarket	ER160232	3
100 Individual Medley	1:20.29	1:20.30	348	03/09/16	Biggleswade Club Championships	Biggleswade	ER161709	4