

Individual Best Times (All Time)

Beth Turnock - (960021) - Biggleswade SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.76	41.30	178	22/03/14	Bedfordshire Age Group & County Champs	Luton	CC4033	2
100 Freestyle	1:27.77	1:28.70	187	10/05/14	Mid Beds Swim Squad L3 Open Meet	Biggleswade	ER4331	3
200 Freestyle	3:06.53	3:08.40	206	13/07/14	City of Cambridge SC July Open 2014	Cambridge	ER4493	3
400 Freestyle	6:28.44	6:32.10	211	11/05/14	Mid Beds Swim Squad L3 Open Meet	Biggleswade	ER4331	3
50 Breaststroke	57.07	57.60	122	13/07/14	City of Cambridge SC July Open 2014	Cambridge	ER4493	3
100 Breaststroke	1:57.09	1:58.20	151	21/07/14	Biggleswade Club Championships	Biggleswade	ER4861	4
200 Breaststroke	4:28.84	4:30.80	125	21/09/13	Biggleswade Club Championships	Biggleswade	ER3650	4
50 Butterfly	1:00.17	1:00.50	66	25/11/12	Hitchin Open Meet	Hitchin	ER2772	3
50 Backstroke	45.96	46.40	165	21/07/14	Biggleswade Club Championships	Biggleswade	ER4861	4
100 Backstroke	1:37.06	1:37.90	180	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	ER4051	3
100 Individual Medley	1:43.05	1:43.10	164	21/07/14	Biggleswade Club Championships	Biggleswade	ER4861	4