## **Individual Best Times (All Time)**

Harry Rowe - (959523) - Skipton Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.35	34.80	206	31/01/15	Yorkshire County Championships	Sheffield	NE150621	1
50 Breaststroke	41.59	40.80	242	27/02/16	Yorkshire County Championships	Sheffield	NE160070	1
50 Backstroke	37.06	36.50	256	27/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Backstroke	1:20.00	1:19.00	268	14/02/16	Yorkshire County Championships	Leeds	NE160069	1

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.99	35.60	191	14/12/14	City of Bradford Level 3 Winter Meet	Shipley	NE14192	3
100 Freestyle	1:14.92	1:16.00	214	12/12/15	City of Bradford Winter Meet	Shipley	NE151702	3
200 Freestyle	2:41.58	2:43.70	232	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
50 Breaststroke	37.83	38.70	286	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
100 Breaststroke	1:26.22	1:27.70	263	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
200 Breaststroke	3:43.41	3:45.80	155	27/04/14	Harrogate Spa Town Graded Meet	Harrogate	NE4181	3
50 Backstroke	35.24	35.80	246	15/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
100 Backstroke	1:16.88	1:17.90	248	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Backstroke	3:16.38	3:18.10	155	28/06/14	Skipton SC Club Gala 2014	Skipton	NE4687	4
200 Individual Medley	2:54.79	2:57.00	246	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
100 Individual Medley	1:35.48	1:35.50	137	28/06/14	Skipton SC Club Gala 2014	Skipton	NE4687	4

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