

Individual Best Times (All Time)

Theo Steele - (958026) - Hoylake SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.04	31.40	277	14/12/14	NASL North West Premier Final	Manchester	NW4576	1
100 Freestyle	1:11.55	1:10.40	280	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
200 Freestyle	2:33.97	2:31.70	290	17/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
400 Freestyle	5:24.84	5:20.50	310	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
1500 Freestyle	21:15.41	20:59.10	318	30/01/15	Cheshire County Championships	Liverpool	CC150669	1
50 Breaststroke	42.11	41.40	234	25/04/15	The National Arena Swimming League 15th B Final	Cardiff	WL150597	1
100 Breaststroke	1:29.17	1:27.70	259	28/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
200 Breaststroke	3:25.31	3:22.70	228	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
50 Butterfly	37.46	36.90	210	15/02/14	City of Liverpool Splash n Dash 50m Sprints	Liverpool	NW4242	3
50 Backstroke	37.77	37.20	242	14/02/15	City of Liverpool Splash"N"Dash 50n Sprints	Liverpool	NW150411	3
200 Backstroke	2:55.50	2:53.60	259	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
200 Individual Medley	2:57.02	2:54.80	267	17/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
400 Individual Medley	6:23.44	6:18.80	252	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.97	30.70	304	04/12/16	Peninsular Group Championships Galas	Birkenhead	NW161196	4
100 Freestyle	1:04.43	1:05.70	337	30/09/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
200 Freestyle	2:19.22	2:21.70	363	03/12/17	Peninsular Group Championship Galas	Birkenhead	NW171597	4
400 Freestyle	4:48.82	4:53.60	396	26/11/17	Peninsular Group Championship Galas	Birkenhead	NW171596	4
1500 Freestyle	20:46.18	21:02.70	313	30/11/14	Peninsular Group of Swimming Clubs Championships	Birkenhead	NW4558	3
50 Breaststroke	35.38	36.30	350	21/01/18	CHESHIRE COUNTY CHAMPIONSHIPS 2018	Macclesfield	NW180236	2
100 Breaststroke	1:16.21	1:17.80	381	17/12/17	Wirral Metro Christmas Open Development Gala	Birkenhead	NW170824	3
200 Breaststroke	2:50.89	2:54.00	347	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
50 Butterfly	33.29	33.90	278	01/10/17	Wirral Metro Autumn L2 Short Course Open Meet	Birkenhead	NW170823	2
100 Butterfly	1:21.47	1:22.40	201	18/03/17	Wirral Metro Development Meet	Birkenhead	NW170318	3
50 Backstroke	36.95	37.50	214	19/03/16	Wirral Metro Spring Meet 2016 (L3)	Birkenhead	NW160270	3
100 Backstroke	1:18.41	1:19.40	234	16/11/14	Peninsular Group Swimming Clubs	Birkenhead	NW4557	3
200 Backstroke	2:44.24	2:46.30	266	12/04/15	Wirral Metro April Development Meet	Birkenhead	NW150165	3
200 Individual Medley	2:41.00	2:43.40	315	19/03/17	Wirral Metro Development Meet	Birkenhead	NW170318	3
400 Individual Medley	6:01.86	6:06.70	273	16/11/14	Peninsular Group Swimming Clubs	Birkenhead	NW4557	3
100 Individual Medley	1:16.92	1:16.90	262	19/11/16	Peninsular Group Championships Galas	Birkenhead	NW161192	4