

Individual Best Times (All Time)

James Fitzsimons - (957047) - Stockport Metro SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.17	35.60	193	25/09/16	City of Sheffield Swim Squad 34th Annual Teaspoon	Sheffield	NE160268	3
100 Freestyle	1:22.25	1:21.20	184	18/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
200 Freestyle	2:56.78	2:54.80	192	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
400 Freestyle	6:19.78	6:16.10	194	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
50 Breaststroke	49.20	48.60	146	25/09/16	City of Sheffield Swim Squad 34th Annual Teaspoon	Sheffield	NE160268	3
100 Breaststroke	1:44.78	1:43.60	159	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Breaststroke	3:40.28	3:37.90	184	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
50 Butterfly	41.33	40.90	156	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
100 Butterfly	1:43.84	1:43.10	107	18/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
200 Butterfly	3:50.65	3:49.30	109	18/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
50 Backstroke	46.12	45.70	133	25/09/16	City of Sheffield Swim Squad 34th Annual Teaspoon	Sheffield	NE160268	3
200 Individual Medley	3:21.76	3:19.80	180	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
400 Individual Medley	7:17.75	7:13.70	170	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.31	32.00	266	01/07/18	BMSS JULY SPRINT MEET 2018	Bolton	NW181177	3
100 Freestyle	1:08.06	1:09.30	285	01/07/18	BMSS JULY SPRINT MEET 2018	Bolton	NW181177	3
200 Freestyle	2:31.59	2:33.90	281	01/07/18	BMSS JULY SPRINT MEET 2018	Bolton	NW181177	3
400 Freestyle	5:33.87	5:38.10	256	06/10/18	Greater Manchester Autumn Meet 2018	Wigan Life Centre	NW181633	3
1500 Freestyle	24:30.12	24:44.10	191	23/09/16	City of Manchester Club Champs Distance Meet	Manchester	NW162041	4
50 Breaststroke	39.20	40.00	257	01/07/18	BMSS JULY SPRINT MEET 2018	Bolton	NW181177	3
100 Breaststroke	1:28.98	1:30.40	239	01/07/18	BMSS JULY SPRINT MEET 2018	Bolton	NW181177	3
200 Breaststroke	3:16.50	3:19.20	228	07/10/18	Greater Manchester Autumn Meet 2018	Wigan Life Centre	NW181633	3
50 Butterfly	40.46	40.90	155	01/10/16	Greater Manchester Autumn Meet 2016	Wigan	NW160335	3
100 Butterfly	1:40.41	1:41.20	107	16/10/16	Greater Manchester Autumn Meet 2016	Wigan	NW160336	3
200 Butterfly	3:39.39	3:40.80	115	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	NW170468	3
50 Backstroke	42.59	43.10	139	18/02/17	Stockport Metro Mini Meet Grand Prix	Stockport	NW170205	3
100 Backstroke	1:38.70	1:39.50	117	17/10/15	Greater Manchester Autumn Meet 2015	Wigan	NW150441	3
200 Backstroke	3:24.00	3:25.60	138	02/10/16	Greater Manchester Autumn Meet 2016	Wigan	NW160335	3
200 Individual Medley	3:09.42	3:11.50	193	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	NW170468	3
400 Individual Medley	6:48.45	6:52.70	189	18/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	NW170469	3
100 Individual Medley	1:30.04	1:30.00	163	30/10/16	Blackpool Lights 2016	Blackpool	NW161323	3