

Individual Best Times (All Time)

Jessica Duffy - (954912) - Blackpool Aquatics ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	3:05.04	3:03.10	226	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
100 Breaststroke	1:31.99	1:30.60	338	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
200 Breaststroke	3:21.53	3:18.90	317	28/02/15	Lancashire County Age Groups & Championships	Liverpool	CC150112	1
50 Butterfly	44.20	43.80	168	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
50 Backstroke	37.28	36.70	374	31/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160230	1
100 Backstroke	1:22.62	1:21.60	334	24/01/16	Lancashire County WPSA Age Group & Championships	Manchester	NW160229	1
200 Backstroke	2:56.41	2:54.50	340	28/02/15	Lancashire County Age Groups & Championships	Liverpool	CC150112	1
200 Individual Medley	3:12.29	3:10.20	282	08/03/14	Lancashire Age Groups & Championships	Manchester	CC4086	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.13	33.80	331	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
100 Freestyle	1:11.83	1:13.00	342	01/11/15	Blackpool 'Lights' Level 3 Development Meet	Blackpool	NW150536	3
200 Freestyle	2:42.14	2:44.30	314	28/09/14	Blackpool Lights 2014	Blackpool	NW4922	3
400 Freestyle	6:45.51	6:49.00	185	22/11/12	Blackpool Club Championships	Blackpool	NW2813	4
50 Breaststroke	39.96	40.70	357	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	NW152251	4
100 Breaststroke	1:29.00	1:30.40	343	27/09/15	North Lancashire Level 2 Meet	Blackpool	NW151377	2
200 Breaststroke	3:10.70	3:13.50	351	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	NW152251	4
50 Butterfly	38.61	39.10	251	26/10/14	North Lancashire Gala	Blackpool	NW4921	3
50 Backstroke	35.77	36.30	351	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	NW152251	4
100 Backstroke	1:17.66	1:18.70	353	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	NW152251	4
200 Backstroke	2:47.83	2:49.80	355	26/09/15	North Lancashire Level 2 Meet	Blackpool	NW151377	2
200 Individual Medley	2:57.58	2:59.80	323	28/09/14	Blackpool Lights 2014	Blackpool	NW4922	3
100 Individual Medley	1:18.62	1:18.60	371	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	NW152251	4