

# Individual Best Times (All Time)

Rosaleen Hughes - (954290) - Brompton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	43.88	43.40	155	14/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
100 Freestyle	1:39.39	1:38.50	140	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Freestyle	3:29.43	3:27.80	156	14/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Breaststroke	56.25	55.70	139	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Breaststroke	4:11.16	4:09.00	164	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Butterfly	56.33	56.00	81	14/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Backstroke	52.69	52.30	132	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.34	38.90	213	25/10/15	Barnet Cophall Winter Sprints Meet	Barnet	LR151475	3
100 Freestyle	1:27.94	1:28.90	186	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
200 Freestyle	3:06.14	3:08.00	208	27/11/16	Brompton Winter Club Championships	London	LR162510	4
400 Freestyle	7:09.94	7:13.20	155	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	SE3097	2
50 Breaststroke	48.05	48.70	205	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
100 Breaststroke	1:46.56	1:47.70	200	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
200 Breaststroke	3:34.24	3:36.70	247	27/11/16	Brompton Winter Club Championships	London	LR162510	4
50 Butterfly	43.77	44.20	172	25/10/15	Barnet Cophall Winter Sprints Meet	Barnet	LR151475	3
100 Butterfly	1:43.44	1:44.20	142	21/06/15	Brompton Summer Sprints Champs 2015	London	LR151344	4
200 Butterfly	3:44.77	3:46.20	150	27/11/16	Brompton Winter Club Championships	London	LR162510	4
50 Backstroke	45.25	45.70	173	26/06/16	Brompton Summer Sprints Meet	London	LR161298	4
100 Backstroke	1:38.81	1:39.60	171	21/06/15	Brompton Summer Sprints Champs 2015	London	LR151344	4
200 Backstroke	3:22.55	3:24.20	202	27/11/16	Brompton Winter Club Championships	London	LR162510	4
200 Individual Medley	3:20.11	3:22.10	225	27/11/16	Brompton Winter Club Championships	London	LR162510	4
100 Individual Medley	1:33.37	1:33.40	221	21/06/15	Brompton Summer Sprints Champs 2015	London	LR151344	4