

Individual Best Times (All Time)

Ellie Matthews - (954133) - Team Luton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.66	27.90	559	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
100 Freestyle	1:02.48	1:01.10	566	26/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
200 Freestyle	2:20.57	2:18.10	517	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
400 Freestyle	5:04.80	5:00.20	460	29/01/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170118	1
50 Breaststroke	35.05	34.10	575	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
100 Breaststroke	1:18.79	1:17.20	539	01/08/16	ASA Summer Nationals 2016	Sheffield	ASA149	1
200 Breaststroke	2:49.34	2:46.20	535	14/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
50 Butterfly	30.91	30.30	493	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
100 Butterfly	1:10.34	1:09.30	490	26/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
50 Backstroke	33.81	33.20	501	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1
100 Backstroke	1:11.24	1:10.10	521	15/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
200 Backstroke	2:33.03	2:30.80	521	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
200 Individual Medley	2:31.88	2:29.30	572	06/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
400 Individual Medley	5:49.24	5:44.20	441	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	ER190246	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.94	28.70	552	05/10/19	Putteridge SC Gala 4 Club Champs 2019	Luton	ER192186	4
100 Freestyle	1:00.36	1:01.70	576	22/06/19	Putteridge SC Gala 2 Club Champs 2019	Luton	ER192184	4
200 Freestyle	2:12.04	2:14.60	583	30/11/19	Putteridge Winter Short Course County Qualifier	Inspire Luton	ER191955	3
400 Freestyle	4:47.21	4:52.10	522	11/05/19	Putteridge SC Gala 1 Club Champs 2019	Luton	ER191685	4
800 Freestyle	12:23.47	12:31.20	264	04/01/15	Linslade Crusaders Club Championships	Leighton Buzzard	ER150071	4
50 Breaststroke	34.32	35.20	564	23/10/21	Team Luton Autumn Short Course Meet 2021	Luton	ER210437	3
100 Breaststroke	1:14.24	1:15.90	592	23/10/21	Team Luton Autumn Short Course Meet 2021	Luton	ER210437	3
200 Breaststroke	2:40.39	2:43.60	590	30/11/19	Putteridge Winter Short Course County Qualifier	Inspire Luton	ER191955	3
50 Butterfly	30.34	31.00	518	06/11/21	SE East Region Short Course Championships	Luton	ER211117	2
100 Butterfly	1:08.61	1:09.70	488	09/03/19	Putteridge SC Regional Qualifier 2019	Luton	ER190302	3
200 Butterfly	3:24.27	3:25.80	200	19/09/15	Linslade Crusaders Age Group Championships	Tiddenfoot	ER151402	4
50 Backstroke	31.47	32.10	516	22/05/21	Team Luton	Inspire Luton	LEX1198	0
100 Backstroke	1:07.27	1:08.50	543	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
200 Backstroke	2:23.71	2:26.00	566	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
200 Individual Medley	2:25.53	2:28.20	587	12/10/19	NASL London Round 1	Inspire, Luton	ER192859	3
400 Individual Medley	5:14.69	5:20.20	557	22/06/19	Putteridge SC Gala 2 Club Champs 2019	Luton	ER192184	4
100 Individual Medley	1:07.95	1:08.00	575	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2